



## November 2015

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### [Caregivers Workshop At VBIS](#)

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Come along to VBIS Caregivers Workshop to learn how to manage stress and cope during the holidays. Presentations from Barbara Erickson and a representative from the Family Caregivers of BC.

Light refreshments and child supervision provided.

**Tuesday, December 15, 2015**

**5:00 pm to 7:00 pm**

Please let the VBIS receptionist know by Monday, December 7 if you like to attend.

[Read more about Caregivers Workshop At VBIS](#)

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### [Oh Come All Ye Crafters!](#)

Blog

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November 27, 2015

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Join us in our Open House crafting event!

Monday, Tuesday AND Wednesday December 21-23 from 11:00 am to 2:00 pm at the Victoria Brain Injury Society.

We will have craft supplies on hand to create a small ornament for you to take home or give as a gift.

We have two styles to chose from ... or maybe you have your own ornament ideas.

The VBIS elves will be here to assist you in all your crafting desires!

[Read more about Oh Come All Ye Crafters!](#)

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