

Concussion Signs and Symptoms

"Take Care - Be Aware"



Irritability



Balance problems



Dizziness



Sensitivity to light



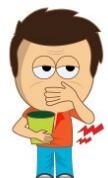
Nervous or Anxious



Difficulty concentrating



Blurred vision



Nausea or vomiting



Headache



Sensitivity to noise



Feeling slowed down

Report any potential signs and/or symptoms of concussion to your coach, teacher, friend, parent, doctor or other responsible person.



More emotional



Drowsiness



Fatigue or low energy



Confusion



"Pressure in head"



Trouble falling asleep



Neck Pain



Feeling like "in a fog"



"Don't feel right"



Difficulty remembering



Unusually Sad